



One Day Lighting Workshop

You can learn more from looking at a **shadow** than you can by looking at the **light**. You can tell the direction, the softness, the intensity, and the fill-to-key ratio by looking into the shadows... Shadow is what gives you contrast, and contrast is what gives you shape and drama.

Anyone who has the desire to enter the world of lighting for video will welcome the opportunity to have a play with some of the best bits of kit around.

With the help of simple everyday materials, you will see that even a basic lighting kit can be used to create a variety of fantastic moods.

Lighting topics

- A comprehensive look at different kinds of lighting fixtures
- Great lighting for interviews
- Lighting and covering three-person interviews
- Creative use of window light
- Uses for reflectors and scrims

Good lighting is good lighting regardless of the shooting format. We will look at four point lighting theory, using shadow, colour temperature, white balance, lighting fixtures, lighting gels, flags, bounced light, barn doors cookies and cutters.

Easy and inexpensive ways to create mood

Open face Red Heads, Totas, Dedo LED's, Lowel Omni, Arri 650 Fresnels, Arri 300's, fluorescent Lowel Caselites, Rosco LitePads, Light-Panels, Dedolights, Soft lights RifaLites, Chimeras HMI Dedo 400D lights,

- Colour temperature explained
- Warming and cooling light
- Modifying the output of lights
- Augmenting the look with Chimeras, silks with hard light coloured gels and diffusion
- Creating light and shade with cutters, black-wrap & gobos
- Quick and easy ways to light large areas
- Using bounced light
- Hard reflectors